

## Who We Are

**Be Aware** is a collaboration team with members from:

- Alcohol and Drug Services of Guernsey County
- Guernsey County Sheriff's Office
- Guernsey Noble Safety Council
- Ohio Valley Educational Service Center
- Guernsey County Juvenile Court
- Guernsey County Health Department
- Deerassic Education Center

## Be Aware Team



## Sponsors (Donation > \$1000)

- Southeastern Med
- United Ambulance
- Cambridge Kiwanis Foundation
- Deerassic
- Alcohol and Drug Services of Guernsey County
- Guernsey Noble Safety Council
- Ohio Valley Educational Service Center
- Ron Guthrie Insurance
- Cambridge Lions Club
- Cambridge High School Class of 1962
- Guernsey County Health Department
- Muskingum Valley Health Center

## Donations can be sent to:

**Be Aware Coalition  
P.O. Box 1759  
Cambridge, Ohio 43725**

This organization is a 501(c)(3).

If you are interested in scheduling a presentation, please contact:

**Alcohol and Drug Services  
of Guernsey County  
740-439-4532**



## **Learn to Recognize and Identify Warning Signs of Drug Use**



**“BE AWARE”**

**Interactive Education Trailer**

## Did YOU Know?

- In the US, 5,000 people under age 21 die each year from injuries caused by under-age drinking. More than 40% die in car crashes.
- 4 in 10 people who begin drinking before age 15 eventually become alcoholics.
- If you start using marijuana while in your teens, you have a 1 in 6 chance of becoming addicted.
- In 2013, 15% of high school seniors used a prescription drug for recreational use in the past year.
- More teenagers die from taking prescription drugs than from taking cocaine and heroin COMBINED!
- Teens are using synthetic marijuana (K2, Spice, bath salts) because the drug is not always present in a drug screen.

## Parents CAN Make a Difference!

- Did you know... Children of parents who talk to their teens regularly about drugs are 50% LESS LIKELY to use drugs than those who don't. Yet, only a quarter of teens report having those conversations with their parents.

## YOU can “BE AWARE”

### KNOW WHAT TO LOOK FOR

General signs of possible drug abuse

- Missed school, unexplained drop in grades
- Missed work, drop in performance
- Changes in mood (irritability, anxiety, depression)
- Loss of motivation, forgetfulness
- Loss of interest in activities (music, sports, hobbies)
- Change in physical appearance and friends
- Money or valuables missing from home, secretive behavior
- Unusual sleeping habits

## Contact Us

To Schedule the Trailer

—Or—

**if you have an addiction and are seeking help**

- **Alcohol and Drug Services of  
Guernsey Co. 740-439-4532**
- **Tip Line 740-439-6300**

## “BE AWARE” can help

The “BE AWARE” program is a mobile, educational tool targeting adults, 18 years of age and older, to inform them of the “not-so-easily” identifiable signs of drug use and abuse in our communities. When you visit the BE AWARE trailer, you will have an INTERACTIVE experience that gives adults the opportunity to walk through a replica of a home where you will encounter indicators of high risk behaviors such as substance abuse, underage drinking, prescription and over-the-counter drug misuse, as well as signs that could indicate the manufacture of illegal drugs.

Participants will be engaged in a powerful interactive experience that is sure to enlighten all who attend.

## What You Will Learn

- Signs and indicators of substance abuse and how to identify them
- What to look for
- The dangers of drugs and alcohol
- Where to get help and support